District 5230 Newsletter
December 2024: Disease Prevention & Treatment

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By Michael J. Rabara



Rotary District 5230

As we enter this season of giving, I find myself reflecting on the incredible opportunities we have as Rotarians to make a meaningful difference in the lives of others. December, as Rotary International's Disease Prevention and Treatment Month, reminds us of the vital work we do to improve health, prevent suffering, and foster hope in our communities and around the world. Read More

Happy Holidays from Your 5230 Communications Committee

By Lynda L. Patrick

District 5230 Communications Chair

December is Disease Prevention & Treatment Month - Rotary International believes good health care is everyone's right. Yet 400 million people in the world can't afford or don't have access to basic health care. Read More



MEMORANDUM

To: All District 5230 Members

From: District Governor Michael Rabara

Subject: District Governor Application Process

on Prevention and Hope

For more information about the newsletter issue or to submit an article, contact Nick Grim and Merritt Wiseman at editor5230@gmail.com.

Please note al articles or event info must be submitted by the 20th of each month to make next month's issue. Read More

District 5230 Call For Resolutions

WHAT - Annually, and this Rotary year, as part of the Club Leadership Training Assembly, resolutions to amend the District 5230 Policy Manual are presented, discussed, and voted upon. Resolution proposals are now being accepted. Read More

District 5230 Interact Conferences in Fresno and Salinas Ignite Young Leaders to Serve

By Lina Contreras



Rotary District 5230
Interact Committee Chair

The Rotary District 5230 Interact Conferences in Fresno and Salinas California were a remarkable experience for all the Interactors in attendance. They offered a platform for young leaders to network and gain new insights. This year's event was a dynamic powerhouse, overflowing with innovative ideas, inspiring speeches, and passionate discussions that ignited a fire of change in the hearts of young leaders. It was amazing to see these Interactors unite, sharing their visions for a better tomorrow and

leaving with a sense of empowerment and a network of like-minded individuals ready to collaborate and make a meaningful impact in their communities.

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The Gift of Life: Give Blood This Holiday Season

District 5230 Newsletter Editor, AG Area 6, 5230 Engagement Chair

As we embrace the season of giving, there's one gift that holds the power to save lives—the gift of blood. Each donation has the potential to provide healing and hope to patients in need. It's a simple act that takes only a short amount of time but makes an immeasurable difference.

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Tatum's Treehouse Build

By Josh Schmidt



Monterey Bay Passport Club

On Monday, November 11th, 2024—Veteran's Day—a day full of rain and mud, I showed up and saw the community at work. Carmel-Valley recognized the need for an "inclusive" playground. They yearned for a place where even if you are a child in a wheelchair, you can go on the swings and the shaky bridge and race up to the top of the treehouse to see the view. Read More

Seaside Child Development Center Gets Some Love From Local Rotarians

By Lynda L. Patrick

District 5230 Communications Chair

The Seaside Child Development Center witnessed a remarkable transformation, thanks to the combined efforts of United Way Monterey County and three dedicated Rotary Clubs—the Rotary Club of Monterey, Rotary Club of Seaside, and Carmel Sunset Rotary Club. Volunteers came together to give the center's art room a vibrant new lease on life, creating a space where creativity and learning can flourish for preschool children. Read More



Highlighting La Rueda

A Wonderful Biography on District 5230 Rotarian George Matsumoto. Read More

District 5230 Events and Happenings!

To Sign up for Fantastic Central Coast Rotarian Volunteer opportunities please go to: Love Our Central Coast Read More

'Tis the Season to Find New Members

By Rebecca Moser



District 5230 Membership Chair, PDG

It's always the season to find new members for your club, but ever thought about it during the flurry of events around the holidays?

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Welcome to Our New Members in District 5230! Congratulations to our 25+ Year Anniversaries!

By Rebecca Moser
District 5230 Membership Chair, PDG

As the year winds down, I want to take a moment to express my heartfelt gratitude for each and every one of you in District 5230. Our strength as Rotarians lies in the passion, dedication, and service of our members, and I am continually inspired by all that you do. Read More

The Gift that Keeps on Giving

By Bruce D. Mackey

District 5230 Foundation Chair, PDG

I love endowments. In almost every fundraising campaign in which I've been involved in, I've pressed the campaign to include the possibility of endowment contribution; They are truly the gift that keeps on giving. Last Rotary year, 2023-24, Rotary endowments contributed almost 20 million dollars to Rotary programs. Depending on the state of the economy, these donations will continue forever. Read More



December: A Time to Reflect on Prevention and Hope

By Belinda I. Daguio



District 5230 Polio Plus Chair

Did you know that, as of now, there have been 78 cases of polio reported this year? That includes 55 in Pakistan and 23 in Afghanistan. Compared to just 12 cases at this time last year, it feels like a step backward, doesn't it? But here's the thing—I choose to look at this optimistically. Read More